



SWIFT ADVENTURE CO

General Overnight and Multi-day Trips

Thank you for joining us for a uniquely Northwest Cycling Adventure. Below you will find a recommended packing list. This list is meant to be a guide for what you should bring and what you might want to bring. Please let us know if you have any questions or concerns. Thanks.

- During covid-19 face coverings are required when “social distancing” is not possible.

Home Sweet Home:

- Sleeping Mat
- Pillow
- Sleeping Bag
- Tent & Groundsheet (when not provided or rented)

Clothing and Required Accessories:

- 1-2 x bike shorts
- 1-2 x short sleeve t-shirt
- long sleeve wool base layer
- light wool sweater
- puffy jacket
- Leggings or Knee Warmers
- 2-3 x socks
- Long pants for camp
- Rain Coat
- Cap/Beanie
- Spring gloves
- Wool Buff
- Camp shoes/sandals
- cycling shoes
- Helmet
- Bicycle (rentals available)

Toiletries:

- Toothbrush
- Toothpaste
- Lip Balm
- Sunscreen
- Soap/shampoo (some sites have showers available)
- Towel

Personal accessories:

- Headlamp/flashlight
- Cell phone/Camera charger

Bicycle (for personal bikes):

- Extra tube
- Pump
- Tire levers
- Patch kit

Extras:

- Fly rod and fishing kit
- Camera kit
- Go Pro (batteries, extra memory card, chesty, extra screen)
- Book
- Watercolor/illustration Kit